Dear Diary,

This is the notes I am taking from my voice note that I took while driving trying to figure out the ways in which Dylan and I are compatible / incompatible for the long run:

**Incompatibilities:**

1. Dylan is incredibly pessimistic about life and incredibly skeptical about a lot of people
   1. *Relatively incompatible* with my innate optimism
2. Dylan suffers from depression
   1. *Relatively incompatible* with my ideal partner
3. He takes relationships (especially ours) more seriously than i do
   1. Makes me wonder if he loves me more than I love him
   2. *Large incompatibility* if he is envisioning us **together** in the far future (his wish / desire) and my envisioning is us **not together** in the far future (my wish / desire)
4. Dylan is a very jealous person
   1. Makes it impossible and difficult to talk about / deal with exes
   2. Makes it hard for me to be the open and loving person that I want to be
   3. Makes it hard for me to think about my want to explore my bisexuality
   4. *Large incompatibility* if I can not experience the openness that I want to in this relationship due to his jealous
5. Dylan is at a different point in his life
   1. Going through a divorce
   2. Ready to settle down in some sense
   3. *Small incompatibility* I’m still looking to explore
6. Dylan is not as adventurous as I am
   1. He is willing to try -- which is good
   2. *Small incompatibility* is because I want a parter that pushes me to be more adventurous, not me having to push them
7. Dylan doesn’t always treat his body / his food well
8. Dylan is a messy person
   1. Sometimes he acts like a college student when he is doing laundry / cleaning up, and I feel like I have to mother him (at the age of 30 that is wildly unattractive)
      1. Though he is trying to work on this which is good
   2. *Small incompatibility* in attractiveness and also my ideal partner
9. Dylan has some anger issues
   1. When he is sad or frustrated or fighting, his anger comes out
   2. *Small incompatibility* because his anger makes me more angry as a person, and I don’t like that we can both be angry a lot with each other
10. Dylan and I fight a lot
    1. Been better since starting the counter
    2. *Medium incompatibility* because I don’t want my partner and I to fight a lot, especially telling if its the beginning of the relationship and we are fighting
11. Dylan isn’t someone that I want to show off
    1. *Medium incompatibility* because I don’t feel like I am showing him off when I introduce him to people, some traits in him I am showing off and I have felt proud of who he is as a person (esp. Around thanksgiving) but in general, I feel like I want to hide him rather than show him off… and I think that isn’t a good trait for me to have with my partner in the relationship

**Compatibilities:**

1. I love him, he loves me
2. I hate the thought of not being with him right now, I am so happy with him right now
   1. *(though the though of being with him in the future is scary and not something that I want and something that I openly don’t want…)*
3. We have such similar humor
4. I can literally spend 9 hours in a car with him non-stop and it feels like 1 hour… we can spend endless amounts of time together
5. We have the same career interests and a lot of similar life interests
6. We work together and get shit done in amazing ways
7. I feel like in many ways I really can be my true self around him
   1. *In other ways I can’t -- e.g., being more hippie, open-loving, care-free, in the moment, spontaneous, etc..*
8. He makes me feel **amazing** about myself, my body, my mind, my personality -- I really feel like I am on top of the world a lot of the time when I am dating him
9. He is caring for me
   1. And I love caring for him
10. Very sexually compatible

At this point I am still feeling *very* 50/50… which isn’t good. I feel like I equally want to be with him and I equally want to break up with him and each of those alternatives scares the living hell out of me and I don’t think I would actually be fully happy with one or the other.

I want to be with him right now… but I don’t think I want to be with him in the future. Is that fair for me to stay with him then? Does it mean that I am lying to him by not telling him this??

Time for therapy lol.